



*Connecting Individuals with Disabilities to Their Community*

**FOR IMMEDIATE RELEASE**

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Contact: Community Bridges  
2 Whitney Road  
Concord, NH  
1-800-499-4153

### **Community Bridges to Hold Social Inclusion Workshop**

(Concord, New Hampshire) – Community Bridges is pleased to present the workshop *Social Inclusion: Connecting People with Disabilities and other Community Members*, by Angela Novak Amado, Ph.D. The workshop will take place on March 22 at the Grappone Conference Center in Concord, NH from 9:00am – 2:00pm.

In the workshop, Dr. Amado will share successful strategies to help support individuals with developmental disabilities in having more friendships with people without disabilities, being more involved with their communities, and expanding the number and type of social roles they experience. Attendees will learn the meaning of “inclusive community” and how to work toward a community without labels that accepts all people as they are.

“We are thrilled to have the opportunity to bring Dr. Amado to New Hampshire,” states Roy Gerstenberger, Executive Director of Community Bridges. “Attending her workshop will be an invaluable experience for anyone who knows someone with a disability.”

To register for this workshop, contact Courtney Martin at (603) 225-4153, ext. 366. The cost is \$50 and includes lunch.

#### **About the Presenter**

Dr. Angela Novak Amado is the Executive Director of the Human Service Research and Development Center and also a research associate at the Institute of Community Integration at the University of Minnesota. She has an extensive background in developmental disabilities including direct care, university teaching, nationwide research, agency administration, and state government. She combines her commitment to full community participation for everyone with a practical, how-to method of application to day-to-day situations.

#### **About Community Bridges**

Community Bridges connects individuals with disabilities and their families with resources that help them achieve positive growth and change. By managing a support network of community resources, Community Bridges matches individuals with disabilities to opportunities that help them realize their greatest potential through an individualized plan.

Serving individuals with disabilities of all ages and financial backgrounds, Community Bridges is a not-for-profit organization that solidifies funding and fosters relationships with a trusted network of organizations throughout the community to ensure the best opportunities for individuals in the areas of Early Childhood Support, Residential and Day Services, Career Development, Homecare Services, Self-Directed Services, and Individual and Family Support. For more information call 603-225-4153 or visit [www.communitybridgesnh.org](http://www.communitybridgesnh.org).

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