



Connecting Individuals with Disabilities to Their Community

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**Community Bridges' Victoria Chapman Graduates from
2011 New Hampshire Senior Leadership Series**

(Concord, New Hampshire) – Community Bridges, an agency that connects individuals with disabilities and their families with resources that help them achieve positive growth and change, announced today that Victoria Chapman, director of homecare options, has graduated from the 2011 New Hampshire Senior Leadership Series. Chapman was one of 17 people selected state-wide to attend this six-month program providing training and information on aging services, how to create livable communities for aging populations, the legislative process, and how to engage the community regarding aging issues.

Led by AARP New Hampshire, the New Hampshire Senior Leadership Series is a collaboration between the Institute on Disability and the New Hampshire Institute for Health Policy and Practice at the University of New Hampshire.

“The New Hampshire Leadership Series provided me with valuable insights into area resources that are available for seniors, and new ways of thinking so that I can be a better advocate for the health, safety and welfare needs of our seniors,” said Chapman.

Earlier this year, Chapman completed the Elder Abuse Cross-Training for Service Providers course conducted by the Merrimack County Elder Abuse Coordinated Community Response Team, and attended the Alzheimer Care Excellence Course conducted by the Alzheimer’s Academy to train care givers on a variety of Alzheimer issues. She is also a certified trainer by the national Powerful Tools for Caregivers organization.

Chapman conducts regular training sessions at Community Bridges to help individuals with disabilities and their families become better self-advocates and learn how to direct their own services. The next series of training sessions are scheduled for March 2012.

“Community Bridges is committed to continuing education and training for our employees in order to provide the best possible services to the individuals and families we serve,” said Roy Gerstenberger, executive director of Community Bridges.

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About Community Bridges

Community Bridges connects individuals with disabilities and their families with resources that help them achieve positive growth and change. By managing a support network of community resources, Community Bridges matches individuals with disabilities to opportunities that help them realize their greatest potential through an individualized plan.

Serving individuals with disabilities of all ages and financial backgrounds, Community Bridges is a not-for-profit organization that solidifies funding and fosters relationships with a trusted network of organizations throughout the community to ensure the best opportunities for individuals in the areas of Early Childhood Support, Residential and Day Services, Career Development, Homecare Services, Self-Directed Services, and Individual and Family Support. For more information call 603-225-4153 or visit www.communitybridgesnh.org.

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